Healthy Farmer

March 2011

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A Celebration of Spring

Spring 2011 has officially begun on the calendar. There are many signs of this new season, though, as we walk around outside. This Healthy Farmer is dedicated to the images, thoughts and poetry of spring.

"Springtime is the land awakening. The March winds are the morning yawn." ~Quoted by Lewis Grizzard in *Kathy Sue Loudermilk, I Love You*

"It's spring fever. That is what the name of it is. And when you've got it, you want - oh, you don't quite know what it is you *do* want, but it just fairly makes your heart ache, you want it so!" ~Mark Twain

I love spring anywhere, but if I could choose I would always greet it in a garden. ~Ruth Stout

A favorite spring image: Pink piglets fighting for the most desired positions at their mother's udders.

"The year's at the spring And day's at the morn; Morning's at seven; The hillside's dew-pearled; The lark's on the wing; The snail's on the thorn; God's in His heaven -All's right with the world!" ~Robert Browning



"In the spring I have counted one hundred and thirty-six different kinds of weather inside of four and twenty hours." ~Mark Twain

A favorite spring image: crooked strings of snow geese so many hundreds of feet in the sky that their honks trail far behind them as they wing northward on strong south breezes.

In the spring, at the end of the day, you should smell like dirt. ~Margaret Atwood

*quotes are featured at www.quotegarden.com

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Other favorite images of spring that call us outside:

Young calves bolting in pastures with their tails in the air, inspiring their pals to join in the romp, much as an infectious laugh spreads

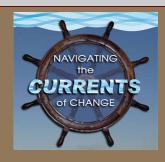
Emerging corn plants "stitching" discernable patterns on the quilt of dark earth

The advance guard swallows and martins scouting for nest sites and the first flying insects



Ah, to hear warblers, cardinals, robins, song sparrows and finches chirping noisily when you open the bedroom window in the morning.

From all of us at AgriWellness, enjoy Spring in all its glory!



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